



# WILDFLOWER *Retreat*

"May your life be like a wildflower growing freely in  
the beauty and joy of each day."  
-Native American Proverb

Wildflowers thrive because of their ability to endure and grow in a variety of conditions. No matter what has happened in your life, you have the ability to endure, thrive, and beautifully live!

The Wildflower Retreat is designed for women overwhelmed and stuck in life. Maybe you've experienced trauma, loss, or are struggling to function in your daily life. This retreat is an opportunity to step outside of your life for a short season. You will work with compassionate and caring professional counselors to determine the problem, gain new insights, learn new tools, and find healing.